# **McKinney Counseling and Consulting**

Pastoral Counseling for Individuals and Couples / Pastoral Consulting for Clergy and Churches

Welcome to my practice. I value the opportunity to work with you and hope this handout provides helpful information about the services I offer. My goal is to partner with you to address the issues that limit your life and relationships, and support your exploration of healthy alternatives for your present and future.

As an ordained minister with 18 years of experience as a pastor, I am training to become certified as a pastoral counseling associate by the North Carolina Board for Fee-Based Practicing Pastoral Counselors. During training, I work under an experienced pastoral counselor's supervision. My supervisor, who has decades of experience, meets with me regularly to discuss my work and cases.

### **Appointments**

I work by appointment only. Each session generally lasts 45-50 minutes. Out of consideration to others, I charge for appointments not cancelled 24 hours in advance. If something comes up that we both consider an emergency and no 24 hour notice is given, there will be no charge for the session. Appointments are available from 8:00 a.m. to 5:00 p.m. with earlier sessions available on Tuesdays and Thursdays and later sessions available on Mondays and Wednesdays.

## Messages

I do not accept phone calls while meeting with clients, so most calls are received electronically. I check messages frequently and typically return calls the same day.

#### Fees

My fee is \$90 per session. Payment is expected at that time. I do not take credit cards. I do accept checks or cash.

## Reimbursement

I do not accept third-party reimbursement such as insurance. If your employer offers a flexible spending account, counseling sessions may be considered an allowable expense. Check with your plan's administrator for details.

## **Confidentiality**

As part of my professional and ethical responsibility to respect the integrity and protect the welfare of all persons I counsel, I safeguard information obtained through counseling. All client records are stored or disposed of using secure and confidential practices. Except where client identity is necessary to understand your case, I only use first names in supervision or consultation.

I do not disclose client confidences except where mandated by law: to prevent a clear and immediate danger to someone; in the course of counseling-related civil, criminal or disciplinary action where I am the defendant; for supervision or consultation, or by your written permission.

Welcome to my practice. I look for	ward to working together.
Jack McKinney, M.Div., Ph.D	
I have read the above material and	agree to abide by its terms.
Signature	Date